



**REDE PORTUGUESA AMBIENTES**  
SAUDÁVEIS, INTELIGENTES E AMIGÁVEIS



## **ÁREA TEMÁTICA 3 | Colaboração e Comunicação**

Ação 11 | Identificar redes congéneres noutros países

## A. WHO GLOBAL NETWORK “Age-friendly word”: Committed to Becoming More Age-Friendly (<https://extranet.who.int/agefriendlyworld/network/>)

- 42 members from USA, Spain, Ireland, Japan, Portugal, Chile, France, Netherlands, Belgium, Andorra and United Kingdom.
- Each network member integrates multiple stakeholders from different community sectors and offers the policies and services that respond to the older citizens’ needs and improve their quality of life.
- These policies and services are implemented at regional or municipal level.

Examples:

### I. UNITED STATES OF AMERICA

#### 1. AARP Network of Age-Friendly Communities



The AARP Network helps participating communities become great places for all ages by adopting such features as safe, walkable streets; better housing and transportation options; access to key services; and opportunities for residents to participate in community activities.

The AARP Network is an affiliate of the World Health Organization’s Global Network of Age-Friendly Cities and Communities. The network launched in 2012 with 6 members there are now over 65 members covering over 32 million US residents.

Website: <http://www.aarp.org/livable-communities/network-age-friendly-communities/info-2014/an-introduction.html>

Facebook: <https://www.facebook.com/AARP>

Twitter: <https://twitter.com/AARP>

#### 2. Action



**Action** discusses Age Friendly programs, services and policies in place in the broader region, as well as ideas for addressing unmet needs of a growing older population. It also facilitates transfer of the services and policies to individual municipalities.

The action plan focuses on houses and transportation (e.g. outdoor spaces and buildings), but also acknowledges other domains such as Respect and Social Inclusion; Social Participation, Employment; and Communication and Information.

## II SPAIN

### 1. Abadiño

Abadiño



Abadiño has a long career in the search for friendliness with the older citizens through different resources and programs, and the large number of activities carried out by the associative network for older population.

Website: <http://www.xn--abadio-0wa.org/es-ES/Servicios/BienestarSocial/Paginas/Abadinolagunkoia.aspx>

Facebook: <https://www.facebook.com/abadino.lagunkoia.7>

Twitter: [https://twitter.com/Abadiño\\_lagunkoia](https://twitter.com/Abadiño_lagunkoia)

## III PORTUGAL

### 1. Alfândega da Fé

Alfândega da Fé



The purpose of this membership is fighting the social and personal isolation of older people. Young and old people interact conducting various activities including, “Ballroom dancing”; Fashion Show “Fashion has no age” among several examples. Sharing of activities resulted in the creation of an informal group of seniors that promotes and streamlines activities for seniors and are called “Young Once”. Within this action, a senior city council is proposed to be an advisory body to address the social and cultural problems of the elderly, improving their well-being and quality of life. Other initiatives include: The Mobil Health Unit, The Senior Sport and The Social Housing Support Fund.

Website: <http://www.cm-alfandegadafe.pt/>

Facebook: <http://www.facebook.com/municipioalfandegadafe/>

#### A. The International Federation of Ageing

(<https://www.ifa-fiv.org/about/>)

The IFA is an international non-governmental organization with a membership base comprising government, NGOs, academics, industry, and individuals in 75 countries. The IFA began

operations in 1973. It has general consultative status at **the United Nations** and its agencies, and is in formal relations with the **World Health Organization**. The IFA has been involved in drafting key initiatives such as the UN Principles for Older Persons, actively advocating for older people to be recognized in the **Sustainable Development Goals**, and maintaining a strong voice in the dialogue on how to best protect the rights of older people globally.

**Vision:** A world of healthy older people whose rights and choices are both protected and respected.

**Goal:** To be the global point of connection and networks of experts and expertise to influence and shape age-related policy.

### B. AFE-INNOVNET: Towards an Age-Friendly Europe

(<http://www.afeinnovnet.eu>)

- The overarching goal of AFE-INNOVNET is to set up a large EU wide community of local and regional authorities and other relevant stakeholders across the EU who want to work together to find **smart and innovative evidence based solutions to support active and healthy ageing** and **develop age-friendly environments** across the EU.
- The consortium is composed of 29 stakeholders from 16 countries: 13 cities, 6 regions, 5 large EU networks active in the field of ageing or representing large numbers of local authorities or seniors' organizations, 4 research centers specialized in ICT and ageing policies, a communication agency with vast EU experience.
- Most of the consortium partners are actively involved in **the European Innovation Partnership on Active and Healthy Ageing D4 action group** on age-friendly environments.
- The Thematic Network additionally concentrates 24 partners that are key-players in the field of age-friendly environments. These partners are from Spain, Netherlands, Ireland, Italy, Wales, United Kingdom, Sweden, Finland, Belgium, Poland, Slovenia, France, Portugal, Denmark, Latvia, and Estonia. They also include international collaborations.

## I. PORTUGAL

### 1. Porto Social Foundation, mandated by the city of Porto

- Actively collaborate in improving the quality of life of the city's inhabitants; Increase the network amongst the different institutions offering social support
- Seven areas of focus: Sectorial Intervention (including senior people); Social Innovation and Research; Networking; Territorial Intervention; Promoting Citizenship; Porto City of Science and Promotion of employment.
- Porto is part of the WHO Age-Friendly Cities Network.
- Contact Person: Daniel Coelho

### 2. INOVA+ Consultancy

- The main activities are connected to programmes of the European Union related to Research, Regional and National Structural Development, Technological Development and Innovation.



- INOVA + will make the link with the Co-Living Project – ICT based Virtual Collaborative Social Living Community for Elderly – and the AgeingWell - Network for the Market Uptake of ICT for Ageing Well.
- Contact Persons: Pedro Castro and Ana Leal

## II. INTERNATIONAL COLLABORATIONS:

### 1. AGE Platform Europe

- AGE Platform Europe is a European Network of more than 165 organizations of people aged 50+ representing more than 30 million older people across the EU-27 and candidate countries.
- AGE aims at **voicing and promoting the interests of senior citizens** (150 million inhabitants aged 50+ in the EU) and at **raising awareness** on the issues that concern them most.
- AGE aims to serve as a **bridge between its member organizations and the EU Institutions**, to ensure that older people's issues are on the EU agenda and their views are taken on board in **EU policy development**.

### 2. CEMR Europe

- CEMR is the organization of national associations, which represent local, intermediate and regional authorities across Europe.
- Today, its membership comprises 53 national associations representing local and regional governments from 39 countries all over Europe, representing some 100,000 local and regional authorities.
- CEMR works to promote a united Europe that is based on local and regional self-government and democracy.

### 3. EuroHealthNet Europe

- EuroHealthNet is a non-for-profit organization that aims to contribute to a **healthier Europe with greater equity in health** between and within European countries.
- This is achieved by networking and cooperation among relevant and publicly accountable **national, regional and local public health and health promotion agencies** in EU Member States.
- Currently EuroHealthNet is composed of 28 members coming from 20 Member States. EuroHealthNet participates as expert in one of the action groups of the **EIP AHA**, and has submitted a joint commitment with **AGE and WHO-Europe** on the creation of AFE.

### 4. Alzheimer Europe

- Alzheimer Europe (AE), founded in 1989, has 34 member organizations in 30 countries.
- Its mission is to change perceptions, practice and policy in order to **improve the access by people with dementia and their carers to treatment options and care services**.
- It has carried out a number of transnational European projects and has also coordinated the "European Collaboration on Dementia – EuroCoDe" which resulted in consensual prevalence rates, an inventory of guidelines on diagnosis and treatment and guidelines on non-pharmacological interventions, an overview of risk factors and risk reduction and prevention

strategies, a report on the socio-economic cost of Alzheimer’s disease and national reports on the social support for people with dementia and their carers.

## 5. ESN Network, Europe

- The European Social Network (ESN) is the **independent network for local public social services in Europe**.
- ESN brings together people who **design, manage and deliver social services in public authorities across Europe**. ESN support the development of effective social policy and social care practice through **the exchange of knowledge and experience**.
- ESN is a network of Member organizations which are associations of directors of social services; regions, provinces, counties and municipalities; funding and regulatory agencies, universities, research & development bodies.

In 2016, the **Covenant on Demographic Change** (<https://www.agefriendlyeurope.org/>) was launched as a continuation and expansion on the goals of AFE-INNOVNET’s Thematic Framework. The Covenant gathers **European public authorities and stakeholders, at local, regional and national level** who are committed to developing environments that **support active and healthy ageing**, enhance **independent living and well-being** of older persons, and create a society for all ages.

It has currently 153 members. The Covenant considers the eight domains of the WHO age-friendly environments approach:

- Housing
- Social participation
- Respect and social inclusion
- Civic participation and employment
- Communication and information
- Community support and health services
- Outdoor spaces and built environment
- Transportation

### C. eRegion AAN Active Ageing Networks

(<http://eregion.eu/actors/active-aging-networks/>)

AAN – Active Aging Networks is a component of the eRegion Portal **supporting the communication (interlinking) among various networks bringing together the organizations and individuals sharing interest in inclusion in Active Aging**. It is encouraging partner engagement, promote news and events, meet and exchange ideas with peers, and look for potential partners on joint innovative projects in an eRegion.

#### National Networks:

1. Age-Friendly University Global Network, Ireland
2. AGE-WELL Network of Centres of Excellence, Canada
3. Ageing Well in Wales, Wales
4. Albanian Society for All Ages – ASAG, Tirana, Albania



5. Center of Lifelong Learning in Prague, Czech Republic
6. Consulta Europa, Las Palmas, Spain
7. Grantmakers in Aging – GIA, Arlington, VA, USA
8. Living Lab in Ageing & Long-Term Care, The Netherlands
9. SeniorNet, Florida, USA
10. Swedish Care International (SCI) Stockholm, Sweden

### International Networks:

1. EURAG Europe – European Federation of Older Persons
2. eSeniors – Network for eInclusion of Seniors and Active Aging

### D. Active Ageing Going Local – a multi-stakeholder approach for three Italian Regions (AGL) (<http://www.fondazionebrodolini.it/en/projects/active-ageing-going-local-multi-stakeholder-approach-three-italian-regions-aql>)

- The aim of the AGL is to develop **European Policy Guidelines** to support the designing and implementation of **new integrated strategies to promote active ageing initiatives**. The need of a multidisciplinary approach in supporting active ageing is of growing relevance when considering demographic changes and the rise of life expectancy in Europe.
- AGL aims at improving policy **coordination among public and private stakeholders**, through a consortium of three Italian Regions (Apulia, Marche and Veneto) responsible for planning and implementing social and health policies in Italy, the National Health Service England, considered a good practice in the field, a network of European institutions involved in the Health Sector (EuroHealthNet) and FGB.

### E. ITHACA Interreg Europe

(<http://www.healthyageing.eu/?q=projects>)

- The ITHACA project is about nine EU regions that join forces to share experiences and good practices on **smart health and care innovation**, with the aim to **improve active and healthy ageing of the population**.
- During the **project's five years**, the ITHACA consortium will learn and share experiences on their challenges, solutions and policies, with the aim of **generating and implementing an action plan to improve policies for scaling up and validating smart ICT** (Information and Communications Technology) **solutions for active ageing** within multi stakeholder ecosystems.

### F. IROHLA - “Intervention Research On Health Literacy among Ageing populations”

(<http://www.healthyageing.eu/?q=projects>)

IROHLA focuses on **improving health literacy** for older people in Europe, aiming to take stock of on-going health literacy initiatives. It made use of **knowledge and experience of programs** in other sectors such as the private and social sectors **applicable to the health sector**.



The project **identified, validated and presented a set of 20 interventions**, which together constitute a comprehensive approach for addressing health literacy needs of the ageing population in Europe.

### **Access to the policy briefs produced by IROHLA:**

- Making healthy ageing a reality - A comprehensive approach to health literacy
- Health literacy in the older population - How it can contribute to sustainable health systems
- Health literacy for healthy ageing

### **G. HelpAge International: GLOBAL NETWORK MEMBERS IN EUROPE**

[\(https://www.helpage.org/who-we-are/our-network/affiliates-in-europe-/\)](https://www.helpage.org/who-we-are/our-network/affiliates-in-europe-/)

1. HelpAge global network members in the European Union are based in the following countries: Croatia, Czech Republic, Denmark, Finland, Germany, Ireland, Italy, Malta, Netherlands, Slovenia, Spain, Sweden, Switzerland, United Kingdom
2. HelpAge International is the secretariat to a global network of organizations **promoting the right of all older people to lead dignified, healthy and secure lives.**
3. HelpAge **vision** is a world in which all older people can lead dignified, healthy and secure lives.
4. Help Age **mission** is to promote the wellbeing and inclusion of older women and men, and reduce poverty and discrimination in later life.
5. HelpAge **role** is to work with older women and men in low and middle-income countries for better services and policies, and for changes in the behaviors and attitudes of individuals and societies towards old age.